



# IN HOME HOSPICE CARE

1 James Street , Mount Gambier

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Issue 1

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## VOLUNTEER NEWSLETTER

### Welcome

This has been another busy month with preparations for Christmas and next year. Please take the time to relax and make any calendar entries. There are a lot of exciting plans in the pipeline for the next year. Wishing all of you a very Merry Christmas and safe and prosperous New Year.

### Our Clients

Our 6 clients and volunteers are working well together. Some of our clients have had some health issues and have needed medical assistance in our local hospital and in Adelaide. A big thank you to our volunteers who have supported them through this as this can be very stressful. Palliative Care have made enquiries regarding another client and we are waiting for a referral to ascertain if we are able to assist them.

### Our Christmas Get Together

Our Christmas Get Together will be Tuesday 14th December between 1.00 pm and 3.00pm. Looking forward to seeing as many of you as possible. Unfortunately it is not always possible to pick a date that is suitable for everyone so apologies to those who cannot make it. As January is a time when everyone is busy with family and holidays our January Get Together will be a casual drop in for a cuppa and chat on January 12th between 1.00pm and 3.00pm. Be great to see as many of you as possible.



### DATES TO REMEMBER

Christmas Get Together	Tuesday 14th December
Office Closure	Thursday 23rd December
Office Re -Opening	Tuesday 4th January
Volunteer's Get Together	Wednesday 12th January - Casual



## Better Impact

A number of you have the app on your phones and are using it to log your hours. I am working on an instruction sheet and will assist everyone to upload the app on their phones asap.



## Boandik Update

Claire Thompson and Gillian McGinty from Boandik have advised that they are working on an orientation package for our volunteers to assist them with their palliative patients. We look forward to hearing from them in the near future.

## Christmas Holidays

Our Office will be closed from the morning of Thursday December 23rd through to Tuesday, January 4th.



## Office Cleaning

Thank you to a volunteer who has put their hand up to assist with the office cleaning. This is not an arduous task (perhaps once per month), and a roster could be drawn up if there are enough volunteers or you could do it in pairs to share the load and time involved and perhaps have a coffee after. All equipment and cleaning products are supplied. This would be an enormous help to Sandi and myself and we would be so grateful of any assistance.

## New Volunteers Training

Training for new volunteers in February. There are 8 people who have expressed their interest so far but we are hoping for around 16 with the training split into two cohorts. The training will be condensed from the 9 week program down to around 4 weeks. If you know of anyone who would be interested in volunteering with us please advise them to get in touch and we can provide them with further information and a registration form. We would especially love to hear from any males.



## Thank You

Sandi and I would like to take this opportunity of saying a very big thank you to the Board of Directors who have provided governance and strategic planning of our program. Also to our wonderful volunteers who assist our clients, provide administration support, handyman services, and office cleaning. We are also very appreciative of the craft group at Woodlands and Kathy Griffen who have made the beautiful blankets we give to our clients. We are also extremely thankful to Ian Bond from the Men's Shed who has made comfort birds and crosses for us, and Bernie Tichbon who gave us beanies for our clients. We would also like to thank Dave Sigley who has offered to provide pastoral care and support.



**Wishing you all a very Merry Christmas and a  
safe and prosperous New Year.**

Sandi and Jane