



IN HOME HOSPICE CARE

1 James Street , Mount Gambier, Ph: 8725 7448

June 2022

Issue 8

VOLUNTEER NEWSLETTER

Welcome

Wow, what a busy month it has been with numerous celebrations and activities.

National Volunteers Week 15th May to 21st May 2022

and

National Palliative Care Week 22nd May to 28th May 2022.



It was wonderful to have so many of our volunteers attending events and helping to make them a reality. A huge thank you to everyone who so generously gave of their time, knowledge and skills.

As a small token of our appreciation Sandi and I gave a ‘thank you’ morning tea to our volunteers. Ten volunteers enjoyed each others company and a lovely morning tea.

Bernie Tichbone and I attended the Palliative Care Victoria Volunteer Conference ‘One Step - One Word - One Heart’ in Melbourne on 18th May.

We held our first fundraiser with the band Back Room Panic on Saturday 28th May. This could not have happened without the support of you, our volunteers and the many who turned up to enjoy the night.



Palliative Care SA presented a virtual conference Friday 20th May. There is some wonderful reference material available which we will forward on.

Later this month we will have an Pop up Information booth at the Limestone Coast Carer Event hosted by CarersSA. This event is for Carers or for anyone becoming a carer and who is not registered through the Carers Gateway.

DATES TO REMEMBER

Next Volunteers Get Together

Wednesday 15th June 1.00pm

Limestone Coast ‘Carer’ Event

Thursday 30th June 11.00am - 1.00pm

Volunteers Get Together

Wednesday 13th July 1.00pm

2.5 hour Workshop “Grief 101”

Presented by Glenny Tiller—pick one time that suits you and register with Jane:

Option 1 -Thursday 11th August 9.30am to 12 noon

Option 2 - Friday 12th August 9.30am to 12 noon

Option 3 -Thursday 18th August 12.30am to 3.00pm

Option 4 - Friday 19th August 12.30pm to 3.00pm



Our Get Togethers

Hoping to see you at our next Get Together on Wednesday 15th June for an insight into what is a Carers role by Trish Cameron. In July, we will meet on the 13th. These are a great opportunity to catch up with what is happening within our service and in house training. The photo is of our last get together celebrating volunteers week.



Palliative Care Vic Conference in Melbourne



Palliative Care SA sponsored Bernie Tichbon and Jane Shepherd to go to Melbourne for the Volunteers Conference 'One Step - One Word - One Heart'. This was a great event, where they learnt a lot and met others from varying palliative support services. All states and territories were represented and it was encouraging to see 200 like minded people making a difference in their communities. The topics were very interesting and relevant with a lot of reference material available to access.

Palliative Care SA Virtual Conference

Sandi, Jane, Jan, Carole and Bev attended the Palliative Care SA Virtual Conference. This was very interesting and resources and reference material will be made available to volunteers.

Twisted Threads Textile Group

Twisted Threads presented In Home Hospice Care with a cheque for \$1,000. This was from proceeds of their exhibition and raffle. A very big thank you for their generosity and support.



Funding News



We have been fortunate to receive a donation of \$500 from the Gambier City Lions, and \$2,000 from the District Council of Grant. Thank you to both organisations—we are very appreciative of your support. We have also been successful in obtaining \$74,200 in the Palliative Care 2022 Grant program which will assist in covering some of our operating costs over the next few months.

COVID-19 Booster Updates

Please advise us as soon as possible of any updates to your flu and covid vaccinations, Police Checks and DHS screenings. These are mandatory requirements and we must have evidence so we can update your records accordingly. Your cooperation is appreciated.

Limestone Coast Carer Event

We will be at the Limestone Coast Carer Event on Thursday, June 30th at the City Hall. We will be able to meet and chat with new carers, or longterm carers and provide information about our service and support programs. This event is particularly useful for Carers who have not registered with the Carer Gateway.

Fundraising Event - Backroom Panic



A huge thank you to all who assisted with the fundraising event with band Back Room Panic. This was a fun night with lots of singing and dancing - not all by the band. We raised approximately \$2,700 with a further \$600 in donations after the event. Your enthusiasm and willingness to support this event was fantastic and enabled us to promote our service further within our community as well as raise some funds.



“Grief 101” Volunteer Workshop

“Grief 101” is a single 2.5 hour workshop of basic grief information that will be facilitated by our Counsellor, Glenny Tiller. All volunteers are encouraged to attend one of these sessions. Please register your interest with Jane of your preferred date.

Thursday 11th August 9.30am to 12 noon
Friday 12th August 9.30am to 12 noon
Thursday 18th August 12.30 to 3.00pm
Friday 19th August 12.30 to 3.00pm